

RANAS A FEM

VTAF		Inscritos:	89				
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Km 5	Club	Localidad
1	234	SILVIA RODRÍGUEZ	00:44:06	00:04:25	00:21:48	ESPRINTES OURENSE	A CAÑIZA
2	674	MARÍA DEL CARMEN COSTAS VALVERDE	00:46:50	00:04:41	00:22:13	VAL MIÑOR S.A	GONDOMAR
3	2029	ROSA MARIA GUEDE CID	00:47:34	00:04:46	00:22:21		TUI
4	2194	NURIA GARCIA-VALCARCEL	00:47:41	00:04:47	00:21:51		MADRID
5	1492	PURI MERINO GARCÍA	00:49:17	00:04:56	00:23:02		VIGO
6	1752	SUSANA RODRÍGUEZ BLANCO	00:49:26	00:04:57	00:23:32		BURGOS
7	733	YOLANDA MIRÓN DOMÍNGUEZ	00:49:40	00:04:58	00:23:12		
8	1469	SONIA AMATRIAIN SUAREZ	00:49:54	00:05:00	00:24:15	JOS DE SAMIL/MANUE	VIGO
9	1979	PILAR ALEMPARTE ROCK	00:50:47	00:05:05	00:23:21		NIGRAN
10	1764	ANA ISABEL RODRIGUEZ EXPOSITO	00:52:34	00:05:16	00:23:56	LETISMO MONTE SEGA	LUGO
11	297	MARIA DEL MAR SOBRAL DURÁN	00:53:05	00:05:19	00:24:18		GONDOMAR
12	529	BEGOÑA SAENZ ORTIZ	00:53:21	00:05:21	00:25:37		
13	1485	MARGARITA COSTAS VILA	00:53:30	00:05:21	00:26:02		VIGO
14	43	MARIA GARCIA	00:53:44	00:05:23	00:24:58		
15	1722	MARÍA BELÉN GONZÁLEZ RAMÍREZ	00:54:25	00:05:27	00:25:00	S.A. VAL MIÑOR	GONDOMAR
16	1758	MÓNICA HOMBREIRO PÉREZ	00:54:47	00:05:29	00:25:15		PONTEAREAS
17	1426	MARTA MANCEBO LOZANO	00:55:13	00:05:32	00:25:09	ATHLETICS AVENTURA	VIGO
18	1130	MONSERRAT ALONSO COSTAS	00:56:12	00:05:38	00:26:27		VIGO
19	2203	GLORIA PEREZ GONZALEZ	00:56:17	00:05:38	00:26:18		GONDOMAR
20	819	MARIA ESPERANZA FERNANDEZ FERNANDEZ	00:57:16	00:05:44	00:27:02		
21	2102	NURIA PRADO FERNANDEZ	00:58:17	00:05:50	00:27:27		NIGRÁN
22	1721	YOLANDA GONZALEZ AREAL	00:59:43	00:05:59	00:27:46	CASTRELOS 20:30	PORRIÑO
23	1014	PALOMA TRAPOTE TORRE	01:00:01	00:06:01	00:28:19		OURENSE
24	681	ANA VAZQUEZ DE PARGA	01:00:08	00:06:01	00:27:46		VIGO
25	1902	ICIAR ORMAECHEA GONZALEZ	01:00:16	00:06:02	00:27:09		
26	2091	BELÉN MARTÍN RUIZ DE GORDEJUELA	01:00:46	00:06:05	00:28:17		MUNGIA
27	754	ROSA DUARTE ALVAREZ	01:00:56	00:06:06	00:28:07		BAREDO
28	1256	CARMEN GARCIA SANCHEZ	01:01:53	00:06:12	00:26:32		BARCELONA
29	1188	NATALIA PROL ALVAREZ	01:02:39	00:06:16	00:28:46		GONDOMAR
30	2031	MARÍA ISABEL RODRÍGUEZ TEJADA	01:04:18	00:06:26	00:30:00		OURENSE
31	131	Mª ELENA URDIALES URDIALES	01:04:54	00:06:30	00:29:32		MADRID
32	889	ANA PAZO LLORENTE	01:06:00	00:06:36	00:31:47		MORALZARZAL
33	157	INÉS JACOB TAQUET	01:06:06	00:06:37	00:30:52		BILBAO
34	1637	CARMEN MENDEZ CARRERA	01:06:37	00:06:40	00:30:28		BAIONA
35	1852	SUSANA IGLESIAS FARIÑAS	01:06:40	00:06:40	00:30:58		NIGRAN
36	511	CLARA LIZ	01:06:40	00:06:40	00:31:01		REDONDELA
37	454	YOLANDA ABELLAN TRABAZOS	01:06:58	00:06:42	00:32:04	SAN MIGUEL DE OIA	PANXÓN - NIGRAN
38	1543	EVA SIMON	01:08:46	00:06:53	00:31:18		VIGO
39	671	MONTSERRAT NORES LORENZO	01:10:20	00:07:02	00:35:21		VIGO
40	15	DORABELA GAMBOA	01:13:14	00:07:20	00:34:01		
41	2207	ANA VEGA GARCIA	01:15:19	00:07:32	00:32:23		MADRID
42	1123	MARIA JOSE POZA CEBALLOS	01:15:48	00:07:35	00:35:27		MADRID
43	2235	MARTA SALGADO DE CORRAL	01:16:11	00:07:38	00:33:21		MADRID
44	2242	ISABEL VILAR CARNEIRO	01:17:05	00:07:43	00:35:27		BAIONA
45	636	ROCIO VÁZQUEZ MARTÍNEZ	01:17:16	00:07:44	00:34:50		OROSO
46	612	ANTONIA OZORES GUTIEREZ	01:17:43	00:07:47	00:35:15	ATLETIMO PORRIÑO	TOMIÑO
47	2256	MARIA ANTONIA MOLDES BELOSO	01:18:23	00:07:51	00:35:16		MARIN

48	734	MARINA GONZÁLEZ PEÑA	01:18:31	00:07:52	00:36:29	SAN FERNANDO
49	474	LUISA LEYENDA CEDEIRA	01:19:07	00:07:55	00:35:53	BAIONA
50	108	MARIA FÁTIMA SILVEIRA MAGALHÃES	01:19:18	00:07:56	00:35:33	FELGUEIRAS
51	102	FÁTIMA COSTA	01:19:43	00:07:59	00:35:34	FELGUEIRAS
52	1243	MACARENA CARRASCO SANTOS	01:20:46	00:08:05	00:37:04	CIUDAD REAL
53	1347	TERESA DE J. RODRÍGUEZ PÉREZ	01:21:00	00:08:06	00:36:39	OURENSE
54	785	ANA SANZ	01:21:30	00:08:09	00:34:50	ESKORIATZA
55	1621	TERESA GRANDE PIÑEIRO	01:21:46	00:08:11	00:35:06	BAIONA
56	1622	MONTSERRAT GRANDE PIÑEIRO	01:21:47	00:08:11	00:35:06	A CORUÑA
57	1729	TERESA GONZALEZ AREAL	01:23:47	00:08:23	00:38:27	CASTRELOS 20:30 VIGO
58	698	PALOMA LAGO VALO	01:26:06	00:08:37	00:39:44	
59	663	ANGÉLICA POSPELOVA	01:28:23	00:08:51	00:41:26	ALCALÁ DE HENARES
60	2069	LYDIA VIDAL ESTEVEZ	01:29:04	00:08:55	00:42:21	VIGO
61	1005	LORETO SANROMÁN COSTAS	01:30:47	00:09:05	00:40:38	BAIONA
62	1282	DOLORES MARIÑO LAGO	01:30:49	00:09:05	00:40:16	BAIONA
63	1273	Mª JESÚS MARTINEZ CHOUZA	01:30:49	00:09:05	00:40:14	GONDOMAR
64	2070	ELISA BEATRIZ SOTO CASAL	01:36:54	00:09:42	00:45:33	VIGO
65	1598	CARMEN PASCUAL RUBÍN	01:38:57	00:09:54	00:43:08	
66	1586	PATRICIA BRIZ PAREDES	01:38:57	00:09:54	00:43:09	VIGO
67	24	MIRIAN PARRA HERNANDEZ	01:38:57	00:09:54	00:43:12	VIGO
68	829	GABRIELA FERNANDEZ TABARES	01:39:02	00:09:55	00:43:09	VIGO
69	1278	MARGARITA MARTINEZ MARTINS	01:39:05	00:09:55	00:43:17	BAYONA
70	641	CELIA RODRÍGUEZ SALGUEIRO	01:44:21	00:10:27	00:45:50	BAIONA